



## A STUDY ON OROFACIAL CLEFT IN NEW BORN AND IN THE PEDIATRIC AGE GROUP AND THE COMMON SURGICAL PROCEDURES FOLLOWED

### Surgery

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### ABSTRACT

This study is on Orofacial cleft in the paediatric age group including new born. It is commonly called as HARE LIP. The objective of present study is to know the various percentages of incidences orofacial cleft in the babies that came across in the Department of Surgery, Kanachur Institute of Medical Sciences.

**Place of study:** This study was done in the paediatric wards especially in neonatal wards Kanachur Institute of Medical Sciences, Mangalore.

**Period of the Study:** This study was done between 2016-2018

**Materials and Methods:** A detailed study was done on orofacial cleft [Hare lip] in the different age groups in Kanachur Institute of Medical Sciences, Mangalore.

**Conclusion:** This study was well compared and correlated earlier workers and they were great importance to know the incidences in each sex, it is more prevalent. Hence it has been studied.

### KEYWORDS

Cleft lip-cleft palate, Unilateral-bilateral-hard, Palate-medial nasal process.

### INTRODUCTION:

Cleft palate and cleft lip are the birth defect. Cleft lip is an opening which may be unilateral or bilateral or on both sides or in the center. Whereas cleft palate is one where there is an opening in the roof of the mouth into the nose which causes feeding problems, problem of speech, hearing and infections of hearing and other disorders. These anomalies can be diagnosed during pregnancy by ultrasound. Exact aetiology of these anomalies are not known. The anomalies can be treated by surgery.[1] It is group of anomalies that includes cleft lip, cleft palate or both the conditions. Diabetes, obesity, smoking during pregnancy, elderly age, some drugs used in the treatment of certain diseases like epilepsy are some of the risk factors.[1,2]

### MATERIALS AND METHODS:

The cases with cleft lip both unilateral and bilateral cases constituted the materials for the present study. This study was done in Kanachur Institute of Medical Sciences, Mangalore in neonatal /paediatric wards. Each cases was studied in detail by taking proper histories like past history, family history, personal history, genetic history. Later each cases were examined clinically by doing physical examination with relevant investigations.

### RESULTS:

**Table 1: Case History**

Total Number of cases	Bilateral	Unilateral
15	4	11

Fifteen cases of hare lip were observed in the present study. Out of them four were bilateral [26.67%] and eleven were unilateral [7.3%].

**Table 2: Test for Significance:**

Total	X-Value	P-Value
15	0.625	0.0325

This is not significant.

**Table 3: Sex Distribution**

Total Number of cases	Male	Female
15	10	05

**Table 4: History of past incidence in the family**

Total Number of cases	Present	Absent
15	2	2

**Table 5: Use of antibiotics/other drugs during pregnancy**

Total Number of cases	Present	Absent
15	06	09

**Table 6: Use of antibiotics/other drugs during 1st trimester of pregnancy**

Total Number of cases	Present	Absent
15	03	12

**Table 7: TORCH Infections during Pregnancy**

Total Number of cases	Present	Absent
15	06	09

**Table 8: Test for Significance:**

Total	X-Value	P-Value
15	0.424	0.0016

This is significant.

**Table 8: History of smoking/Alcohol Consumption:**

Total	X-Value	P-Value
15	03	12

**Table 9: Surgical Treatment**

Total	
15	1. Two flap palatoplasty (8) 2. Cancellous iliac bone graft to alveolar cleft (3) 3. Orthognathic surgery rhinoplasty (1) 4. Palate expansion (3) 5. Routine orthodontic treatment (11)

There were ten cases on hare lip seen in males children [66.67%] and five in female babies [33.33%]. There were no cases of cleft palate came across in this study.

But there were eight cases of babies between age group of 0-5 years.

### DISCUSSIONS:

#### Incidences of cleft lip and palate:

In the developed world, incidences of cleft lip and cleft palate is about 1 to 2/1000 births. It is the incidence of cleft lip is twice common in males than that of in females while incidence of cleft palate is more common in females.[2] It has caused mortality of 3,300 through out the world in 2013 and 7,600 in 1990's.[3] Native American's and Asian's have high rate of incidences of cleft lip with or without cleft palate and African's have least incidences of cleft lip with or without cleft palate [4].

i] Native American's: 3.74/1000.

ii] Japanese: 0.82/1000 to 3.36/1000.

iii] Chinese: 1.45/1000 to 4.04/1000.

iv] Caucasian's: 1.43/1000 to 1.86/1000.

v] Latin American's: 1.04/1000.

vi] African's: 0.18/1000 to 1.67/1000.

**Rivoron** [1989] has stated that incidence of bifid uvula was found to be 7.5% which was male predominance and statistically important.[5] The incidence of "cleft uvula" has varied from .02% to 18.8% with the maximum numbers found among Chippewa and Navajo and the lowest generally in African's.[5,6]

**SPECIFIC GENES:** Genes like IRF6, PVRL1 and MSX1 are the specific genes identified for the incidences of the of isolated cases of cleft lip/cleft palate.[7] To understand the development of face both at molecular and cellular level, it is animal models that has greatly helped, by the following genes-BMP-4, SHH, SHOX2, FGF10, MSX1.[7]

**Other Animals:** Sometimes cleft lip and cleft palate are seen in horses, dogs, cats, goats sheep, panadas, ferrets and cattle's. In Brachycephalic dogs such as Boxers and Boston.[8]

**NORMAL DEVELOPMENT OF FACE:** Normally development of the face takes place during the period of 6-8 weeks of intrauterine life from 5 primitive prominences grow namely. Unpaired, frontonasal prominence, Paired Maxillary Processes and Paired mandibular prominences. Rapid proliferative expansion occurs and cranial end of the embryos will take shape of head. The whole development of face is through complex morphogenetic events. Upper lip is formed before the development of palate by the fusion of three lobes namely Frontonasal, Maxillary and mandibular processes, when these processes fail to meet then there appears a gap giving rise to birth defect extending from small fissure to completely malformed face.[9]

#### ENVIRONMENTAL FACTORS:

Orofacial cleft is caused by the environmental influence interacting with genetics. It is the mutation of the gene PCH8 that has given rise to cleft lip or cleft palate. It has been found that PCH8 involved in epigenetic regulation. [10] In human being, it is the maternal smoking has caused maternal hypoxia giving rise to fetal cleft lip and other congenital anomalies. [11] It is use of alcohol during pregnancy and [untreated] hypertension can give rise to congenital abnormalities. There may be hypoxic renal damage. [12] Present day current research is going on to know the extent can folic acid that reduce incidences on orofacial anomalies especially in incidences of cleft palate. There are factors like exposure to pesticides, vitamin intake, maternal diet, retinoids, anti convulsant drugs, nitrate compounds, exposure to lead, smoking intake of alcohol during pregnancy, and last but not the least use of cocaine, heroin which are psychoactive drugs should not be taken. [13]

#### PRESENT STUDY:

This is a study of anomalies on orofacial cleft in children below the age 5 years. This study was done at three hospitals of two in India and one in Nepal. Incidences of anomalies were observed more in male children. [66.67%], more on one side - unilateral. All the cases were having only cleft lip. No associated anomalies were observed, including cleft palate. The maternal history of mothers of these babies did not reveal any history of smoking, alcohol abuse nor any intake of psychoactive drugs like heroin nor cocaine. But there were 10 mothers who were suffering from diabetes [3], hypertension [4] and two intakes of anticonvulsant drugs. There were family history of other anomalies and only one family had previous history of similar complaints running in the family.

#### ADVICE TO PREGNANT WOMEN:

During pregnancy advise mothers not to smoke, to avoid intake of alcohol nor avoid anticonvulsant drugs and other drugs. Drugs and exposure to radiation should be strictly avoided. Regular treatment of anti hypertensive, anti diabetic, should be taken regularly under supervision of physicians. Regular antenatal check should be done to rule out any anomalies by ultrasound.

#### CONCLUSION:

This study gives us type and incidences of orofacial cleft-cleft lip in children below the age of five years. There was no incidence cleft palate. So this study made us interesting. Hence studied and reported.

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